



fearlessly  
YOU

## **BOUDOIR GUIDE**

### *Tips & Information*

Welcome! Thank you so much for choosing Ashley Grimes Photography for your Boudoir session! I consider it a true honor and I cannot wait to work with you! Boudoir is a unique and intimate form of photography. I am happy to say that my clients leave carefree and feeling confident.

This short guide will help you prepare for your shoot and know what to expect along the way. Please read through this carefully and ask any questions you have. Feel free to email, text, or call me. I am looking forward to creating stunning pieces of artwork for you.

See you soon!

**Ashley Grimes**

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## THE PROCESS

After you've booked your session with a deposit, you will be asked to fill out a questionnaire that will be sent to your email. The remaining balance is due the day of your session, before we begin.

Now the fun begins! You get to shop for an outfit. I will provide some ideas of where to shop below. If you have something already, then your good to go.

On the day of your shoot, you will arrive with hair and makeup done at your scheduled time or you'll arrive at your scheduled time for hair and makeup if it is an event. We will listen to music, chit chat, and have ton of fun!

At the end of your session, I will provide you with an estimated date of when your online gallery will be complete. Your fine art portraits will all be in a private password protected gallery that will be sent to your email. In your gallery, you will be able to download your portraits and order prints.

If you would like an album, I will help you design it. Print orders typically take between 5-14 business days after ordering. Your gallery will be active for 3 months, so I encourage everyone to save your images in more than one place.

**“YOU ARE THE *FIRST* &  
*LAST* THING ON MY MIND  
EACH & EVERY DAY”**





# WHAT TO WEAR & HOW TO PREPARE

## *Color & Texture*

When choosing what to wear, think of your skin and hair tone. What colors look best on YOU? If you need help, just let me know! Some go-to colors are black, cream, blush, maroon, plum, and dark blue. I would suggest keeping patterns to a minimum, since they can be distracting. Textures are amazing in portraits and can really be the icing on the cake! Please consider adding feminine lace, something with lots of straps, a sexy knit sweater, or a blanket you have that might add to the feeling of softness and comfort to your images. I will have a few items for you as well to pick from.

## *Where To Shop*

My favorite places to recommend are Free People, Anthropologie, For Love and Lemons, Urban Outfitters, Victoria's Secret, Macy's, and Nordstrom. These stores also have the option of shopping online and there are other incredible online stores with gorgeous lingerie. You can always browse Pinterest for ideas as well. Also, please do not wait until the last minute to shop. Each body shape is unique, so it may take some time to find that perfect piece.

## *Just Be Comfortable & Be YOU*

The most beautiful thing you can wear to a Boudoir session is confidence and a smile. That sounds so cheesy, but it really is true. This photoshoot is about celebrating YOU and your unique beauty. Wear things that make you feel comfortable and accentuate your positives, of which there are many. Don't feel like you have to wear traditional lingerie. Beautiful comes in many forms.



## ***A Few Tips***

On the day of your shoot, wear loose fitting clothing to avoid imprints/lines on your skin. If any of your clothing wrinkles, iron it before you arrive and hang it up or fold it neatly on the way to your shoot. Nails should be clean and nicely manicured. You do not have to paint them. Hands are everywhere in your portraits though, so please keep this in mind. If hair and makeup is not included in your session, I highly recommend you have both done professionally, including having lashes applied. I am happy to recommend some places in the area for you.

Please do not spray tan before your shoot. The color can make your images orange or leave lines on your body.

Just remember to have fun! This is about empowering womanhood and embracing YOUR beauty! I'm looking forward to your session! -Ashley

